



# **Welcome to March Break Camp 2023**

**March 13<sup>th</sup> to 17<sup>th</sup>, 2023**



# March Break Camp 2023 HANDBOOK

## A Message From the Owner

Dear Parent,

Thank you for supporting our Tumble Tot Co. & Tornados Gymnastics 2023 March Camp program. We take pride in the trust you have placed in us to nurture and grow your child's love of gymnastics and overall physical health. Our program participants and parents are at the heart of everything we do.

March Break camp is an excellent way to provide your children the opportunity to enjoy their winter break, stay active, and make lasting new friendships outside of their regular school environment. We are very excited about this year's March Break Camp program. We are offering unique, fun-filled themes every day of the week.

We look forward to seeing you for a safe, fun-filled adventure!

On behalf of our team,

Tanya Bradley

Owner, The Tumble Tot Co. & Tornados Gymnastics







# March Break Camp 2023

## DAILY THEMES

### Weekly Schedule

Day	Date	Theme
Monday	March 13th	<b>Ninja Adventures</b> Unleash your inner Ninja warrior with our fun obstacle course!
Tuesday	March 14th	<b>Magic Disney</b> Enjoy a day of fun in the magic kingdom – featuring a special Disney guest!
Wednesday	March 15th	<b>Superheroes</b> Now we can all be our favorite superheroes for a day!
Thursday	March 16th	<b>The Animal Kingdom</b> Explore the animal kingdom with fun, educational activities!
Friday	March 17th	<b>Doing Green</b> Wear something green to the gym and have St Patrick's Day fun!





# March Break Camp 2023

## WHAT TO KNOW

### About our March Break Camps



At the Tumble Tot Co. & Tornados Gymnastics, we are committed to providing an atmosphere of respect, comfort, and security for all our campers. We recognize that everyone is an individual with his or her own interests and needs. We strive to create an environment for children to feel successful. Friendship, Safety, and FUN are what our camp is all about.

The Tumble Tot Company and Tornados Gymnastics is a proud member of HIGH FIVE. HI-FIVE is Ontario's only provincially endorsed, comprehensive quality standard for organizations providing recreation and sports programs to children and an affiliated member of GYMNASTICS ONTARIO.

### Our Staff



Our cheerful, qualified staff is enthusiastic and fully certified with a minimum Gymnastics Foundation certification, Standard First Aid, CPR, HIGH FIVE, Risk Management / NCCP Make Ethical Decisions module, and have received a positive Police Vulnerable Sector Check.

Camp staff has received extra health and safety training regarding COVID-19, and we continue to regularly sanitize the gym on breaks and between sessions.

To ensure that campers are well supervised and have a safe and enjoyable camp experience, we ensure appropriate staff-to-camper ratios. Camp attendees range in age from 4 to 10 and will participate in age-appropriate activities. For campers aged 4-6, there will be a maximum of six campers per staff member and no more than 8 campers per staff member for ages 6.5 to 10.

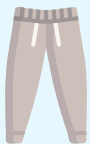




# March Break Camp 2023

## WHAT TO KNOW

### What to Bring to Camp



Please ensure that athletes are dressed appropriately. Proper participant attire is detailed below:

- ✓ Athletic clothing such as T-shirts, shorts, leotards (for girls), or sweat-pants is required for March break camp programs
- ✓ Shirts should be form-fitting and long enough to be tucked in
- ✓ Baggy clothing can be unsafe for some activities and may not be permitted in the gymnasium
- ✓ No jeans, buttons, zippers, or hooded sweaters should be worn, as they may damage the equipment and/or cause injury to the participant
- ✓ Please bring an extra set of clothing, including socks and undergarments
- ✓ Campers must wear closed-toe shoes (not flip-flops or sandals)
- ✓ For safety reasons, no jewelry is allowed to be worn by the participant
- ✓ Long hair must be tied back upon entering the gymnasium

**Please provide nut-free nutritious lunches and snacks with plenty to drink. Campers will need two snacks and a lunch.**

Consider bringing a backpack or similar bag to hold personal belongings at the gym. Labeling personal items with the camper's name is also a good idea. Our coaches will exercise judgment and ensure campers are kept safe, comfortable, and appropriately hydrated during camp activities.

**Don't forget a water bottle with your camper's name on it. We encourage water or healthy sugar-free drinks.**

Please be advised that management cannot be held responsible for lost or stolen items. If you send your child with valuable items such as phones, iPads, or other electronics, please ensure that they are old enough to look after them and keep them safe.



# March Break Camp 2023

## WHAT TO KNOW

### Referral Program and Family Discounts



We will offer both the person making the referral ("the referrer") a **\$25.00** discount or gift certificate and will also offer a **\$25.00** discount or gift certificate to the person being referred. A **10%** family discount is available for each additional immediate family member. Details about our referral program are available on the Tumble Tot Co. & Tornos Gymnastics website. Gift certificates are only valid for one year and are non-refundable. One per family.

### Reporting Illness, COVID-19, and Health Policy



If a camper is experiencing cold or flu symptoms, or tests positive for COVID-19, we ask that you **please keep your child home** for the safety of other campers. **Please contact the gym at (905) 836-6401 and let us know that your child is unable to attend camp for any reason.**

For a cold or flu, children can return once they are no longer experiencing symptoms. In the case of a positive COVID-19 test, we ask that you please contact the gym and advise us of the positive test. We will follow Ontario Health guidelines in assessing when it is safe for a camper to return.

Should a camper become ill during March break camp hours, our staff will immediately attempt to contact the camper's parent, guardian, or emergency contact using the contact information provided at the time of registration. If your child is unwell, we ask that you please pick them up as soon as possible. ***Please make sure that a parent or guardian is reachable during camp hours.***

### Arrival and Dismissal



Camps will have a **designated drop-off and pick-up location**. Sign-in and sign-out will occur outdoors, as parents/guardians will not be permitted inside the gym. For safety reasons, **we require all parents/guardians to sign their children in and out of camp daily.**

If someone other than the parent/guardian is picking up your child, please give written permission to the Camp Director or contact the Tumble Tot Co. & Tornos Gymnastics via email at **[ttc@tumbletot.com](mailto:ttc@tumbletot.com)**. The written permission must have the child's name and the full name of the person who will be signing your child out. We will require the pick-up person to provide a photo ID.





# March Break Camp 2023

## WHAT TO KNOW

### Policy on Nuts



Please be advised that participants are not permitted to bring food products that may contain nuts or traces of nuts to the March break camp. As parents can appreciate, some camp attendees may have serious allergies. Should items containing nuts be found, our staff may return these items from the camp area and return them to the parent/guardian at the end of the day. Soy butter and "Wow Butter" are also not permitted.

### Extended Day Camps



Campers can be dropped off as early as **8:00 am** and/or picked up as late as **5:00 pm** for an extra fee. This program is fully supervised by our certified coaching staff, which offers activities designed to keep our busy campers entertained.

Fees for before and after care are available on the March Break Camp section of the Tumble Tot Co. and Tornados Gymnastics website.

### Policy on Photography



Photos and videos are prohibited during camp programs unless authorized by a staff member. The Tumble Tot Co. & Tornados Gymnastics may occasionally take pictures for promotional purposes. Our policy is to respect personal privacy and always seek parental consent before using any pictures taken in the gym. If you do not wish to have pictures taken of your child, please notify us at the time of registration or advise one of our staff members.





# March Break Camp 2023

## CAMP POLICIES

### Allergies or Medical Conditions



If a participant is required to take medication, has a health condition, or carries an Epi-Pen, please ensure that this information was provided on your registration forms before your child attends camp.

Also, on dropping off your child, **please check in with the Camp Director** and provide any necessary instructions to ensure that we are equipped to properly care for your child.

### Camper Welcome E-Mail



On the Friday preceding the March Break Camp, parents will receive an e-mail detailing themes for the upcoming week of camp, what to expect, and what to bring. The e-mail will also provide important logistics around drop-off and pick-up times.

Please review this email carefully and contact us by e-mail at [ttc@tumbletot.com](mailto:ttc@tumbletot.com) or by phone at (905) 836-6401 if you have any questions.

**If you do not receive our e-mail on the Friday before camp begins, please check your junk folder and e-mail or call the gym so that we can send you the required information for the first day of camp.**

### Additional Camp Policies



- Campers must be dropped off and picked up on time. Campers who are picked up late will be subject to a **late pickup fee of \$20.00**. Our coaches must clean up and prepare for the next camp day.
- The Tumble Tot Co. & Tornados Gymnastics strives to provide the highest level of safety and enjoyment to all participants and staff during its camps. Coarse language, bullying, non-compliance with COVID-19 protocols, and aggressive or inappropriate behavior are not permitted at camp. If your child has behavioral concerns, please speak to our camp director at **905 836-6401** and notify them of behavioral triggers and methods of dealing with them helpful to your child.
- All campers must be toilet trained and independent in the washroom.





# March Break Camp 2023

## CAMP POLICIES

### Cancelation/Refund Policy



In the event of a cancellation initiated by the Tumble Tot Co. for any reason, including a COVID-19 lock-down, refunds can be processed as follows:

- **Camp Credit for 2023** – We will roll the amount paid into a credit which can be used towards any available 2023 camp programs, including Summer Camp
- **General Refund** – Up until 30 days before the start of the session and/or if we cancel programs

For cancellations initiated by parents received 30 days or more before the start date of the camp, a full refund will be issued, less a **\$30.00 admin fee**, per camper.

For cancellations initiated by parents between **15 and 29 days** before the start of camp, refunds will be subject to a **\$100.00 cancellation fee**, per camper.

We regret that we cannot offer refunds for cancellations received within **14 days** of the camp start date. These cancellations are non-refundable unless a medical certificate accompanies the request. In the case of a cancellation related to a medical reason, we will provide a credit for a future camp program.

Refunds will not be granted for inclement weather or for days of camp not attended.

The Tumble Tot Co. & Tornados Gymnastics will do everything possible to avoid program cancellations; however, we reserve the right to cancel a session of camp if the minimum enrollment is not met or if other unforeseen circumstances occur.

In these situations, we will accommodate your child in an alternate program/alternate week, or we will provide you with a full refund at your discretion.

### Lost & Found Items



We will try and assist children in locating any lost items, but it is inevitable that items may be misplaced by campers on occasion. As a reminder, please label items, and if possible, avoid bringing items of value to the gym.

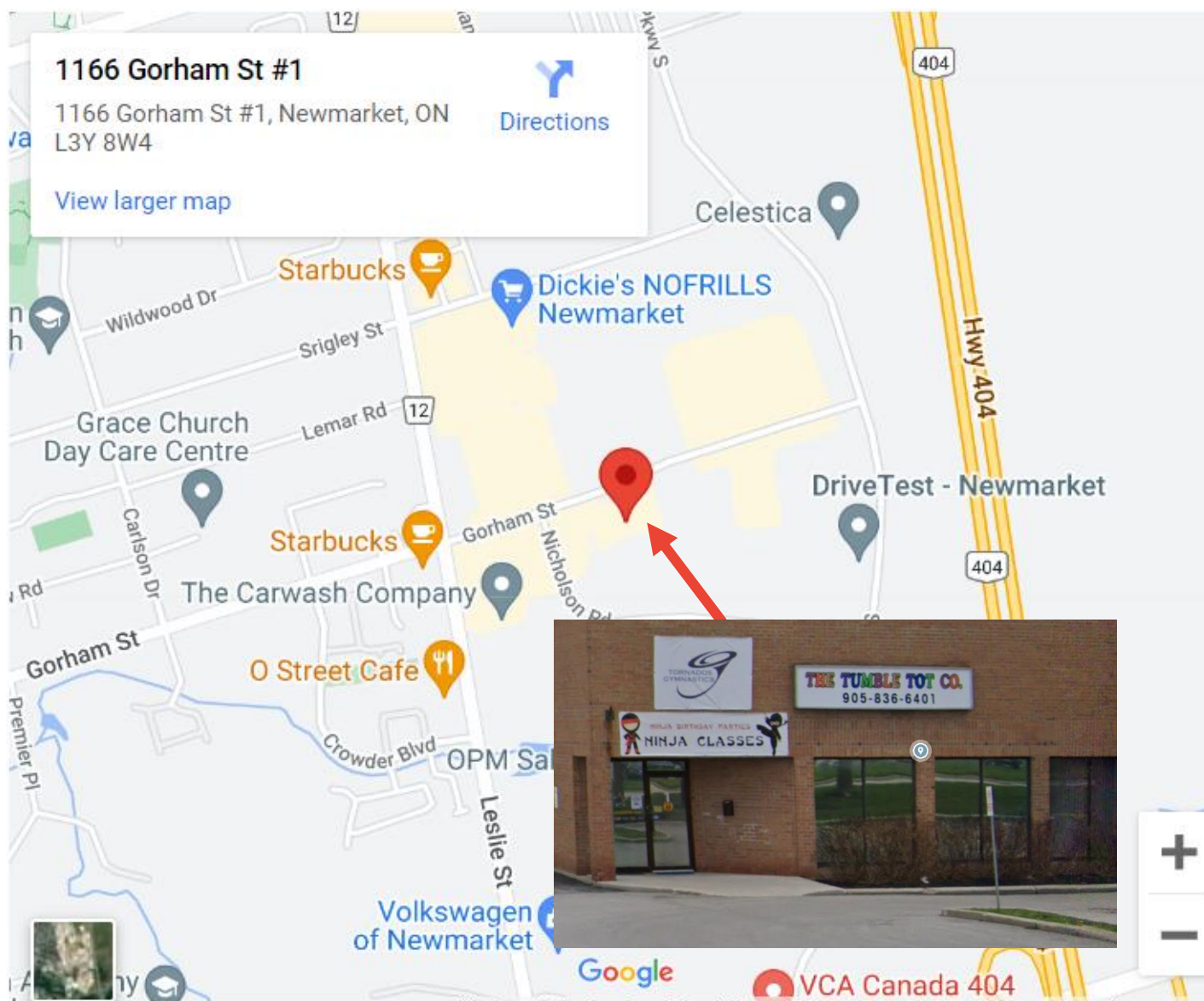
**On Friday afternoon (the last day of camp), we will have a lost and found bin** where campers and parents can retrieve any items that were misplaced during camp. Lost and found items will be retained for up to 30 days.

Once again, we regret that we cannot be responsible for lost or stolen items.



# Location GETTING TO THE GYM

## Map to our Facilities in Newmarket



During business hours, you can call our office at **(905) 836-6401**. You can also e-mail us at any time at [ttc@tumbletot.com](mailto:ttc@tumbletot.com)

The Gym is located at:

**Unit #1 - 1166 Gorham Street,  
Newmarket, Ontario  
L3Y 8W4**



## Follow us on Social Media



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