

**TUMBLE TOT CO.**  
& TORNADOS GYMNASTICS

# Summer Camp 2023 HANDBOOK



# Welcome to Summer Camp 2023

**July 10<sup>th</sup> to Sept 1<sup>st</sup>**



# Summer Camp 2023 HANDBOOK

## A Message From the Owner

Dear Parent,

Thank you for supporting our Tumble Tot Co. & Tornados Gymnastics 2023 Summer Camp program. We take pride in your trust in us to nurture and grow your child's love of gymnastics and overall physical health. Our program participants and parents are at the heart of everything we do.

Physical activity and social interaction are crucial for our children's mental health and well-being.

Summer Camp is an excellent way to allow your children to stay active and make lasting friendships and memories. We are very excited about our Summer Camp program. We are offering unique, fun-filled themes every week.

On behalf of our team,

Tanya Bradley

Owner, The Tumble Tot Co. & Tornados Gymnastics







# Summer Camp 2023

## IMPORTANT DATES

### Summer Camp Dates

Week	Dates	Theme
Week 1	July 10-14	Pirate/Mermaid Fever A week of pirates, mermaids and searching for treasure!
Week 2	July 17-21	Ninja Mission Impossible Unleash your inner Ninja with fun-filled daily activities.
Week 3	July 24-28	Animal Adventures Learn about your favorite animals.
Week 4	July 31-Aug 4	Disney Challenge A fun-filled week with your favorite Disney characters.
Week 5	Aug 8-11* (SHORT WEEK!)	Ooey Gooey Science Science made fun (and a little messy!)
Week 6	Aug 14-18	Around the World with a Ninja twist! Tour around the world in a week of adventures featuring our Ninja obstacle course.
Week 7	Aug 21-25	Magic Meets the Sea Explore the magical creatures under the sea
Week 8	Aug 28-Sept 1	Mystery Week A week of surprises and mystery for the last week of summer.

\* We are closed for the Civic holiday on Monday, August 7<sup>th</sup>, 2023





# Summer Camp 2023

## WHAT TO KNOW

### About our Camps



At the Tumble Tot Co. & Tornados Gymnastics, we are committed to providing an atmosphere of respect, comfort, and security for all our campers. We recognize that everyone is an individual with his or her own interests and needs. We strive to create an environment for children to feel successful. Friendship, Safety, and FUN are what our camp is all about.

The Tumble Tot Company and Tornados Gymnastics is a proud member of HIGH FIVE. HI-FIVE is Ontario's only provincially endorsed, comprehensive quality standard for organizations providing recreation and sports programs to children and an affiliated member of GYMNASTICS ONTARIO.

### Staff



Our cheerful, qualified staff is enthusiastic and fully certified with a minimum Gymnastics Foundation certification, Standard First Aid, CPR, HIGH FIVE, Risk Management and have received a positive Police Vulnerable Sector Check.

Camp staff has received extra health and safety training regarding COVID-19 and we continue to regularly sanitize the gym on breaks and between sessions. Our staff members have been fully vaccinated against COVID-19 per provincial health guidelines.

To ensure that campers are well supervised for a safe and enjoyable camp experience, we provide the following staff-to-camper ratios by age group:

- Ages 4-6 5 campers per staff member
- Ages 6 and up 7 campers per staff member





# Summer Camp 2023

## WHAT TO KNOW

### What to Bring to Camp



While most of our camp activities are conducted indoors, weather permitting, some activities may be conducted in a safe area outside. Please ensure that athletes are dressed appropriately. Proper participant attire is detailed below:

- ✓ Athletic clothing such as T-shirts, shorts, leotards (for girls), or sweat-pants is required for summer camp programs
- ✓ Shirts should be form-fitting and long enough to be tucked in
- ✓ Baggy clothing can be unsafe for some activities and may not be permitted in the gymnasium
- ✓ No jeans, buttons, zippers, or hooded sweaters should be worn, as they may damage the equipment and/or cause injury to the participant
- ✓ Campers must wear socks
- ✓ Campers must wear closed-toe shoes (not flip-flops or sandals)
- ✓ For safety reasons, no jewelry is allowed to be worn by the participant
- ✓ Long hair must be tied back upon entering the gymnasium

**Please provide nut-free nutritious lunches and snacks with plenty to drink. Full-day campers will need two snacks and a lunch.**

Consider bringing a backpack or similar bag to hold personal belongings at the gym. Labeling personal items with the name of the camper is also a good idea. If the camp program involves outdoor activities, consider packing a hat and sunscreen. Our coaches will exercise judgment and ensure that campers are kept safe, comfortable, and appropriately hydrated during camp activities.

Don't forget a water bottle with your camper's name on it. We encourage water or healthy sugar-free drinks. Please send your camper with a clean, fresh pair of socks. Socks are required inside the gym. **Please bring an extra set of clothing including socks and undergarments**

Please be advised that management cannot be held responsible for lost or stolen items. If you send your child with valuable items such as phones, iPads, or other electronics please ensure that they are old enough to look after them and keep them safe.



# Summer Camp 2023

## WHAT TO KNOW

### Referral Program and Family



We will offer both the person making the referral ("the referrer") a \$25.00 discount or rebate and will also offer a \$25.00 discount to the person being referred. A 10% family discount is available for each additional immediate family member. Details about our referral program are available on the Tumble Tot Co. & Tornados Gymnastics website.

### Reporting Illness and Health Policy



If a camper is experiencing cold or flu symptoms, or tests positive for COVID-19, we ask that you **please keep your child home** for the safety of other campers. **Please contact the gym at (905) 836-6401 and let us know that your child is unable to attend camp for any reason.**

For a cold or flu, children can return once they are no longer experiencing symptoms. In the case of a positive COVID-19 test, we ask that you please contact the gym and advise us of the positive test. We will follow Ontario Health guidelines in assessing when it is safe for a camper to return.

Should a camper become ill during summer camp hours, our staff will immediately attempt to contact the camper's parent, guardian, or emergency contact using the contact information provided at the time of registration. If your child is unwell, we ask that you please pick them up as soon as possible. ***Please make sure that a parent or guardian is reachable during camp hours.***

### Arrival and Dismissal



Camps will have a **designated drop-off and pick-up location**. Sign-in and sign-out will occur outdoors, as parents/guardians will not be permitted inside the gym. For safety reasons, **we require all parents/guardians to sign their children in and out of camp daily.**

If someone other than the parent/guardian is picking up your child, please give written permission to the Camp Director or contact the Tumble Tot Co. & Tornados Gymnastics via email at **ttc@tumbletot.com**. The written permission must have the child's name and the full name of the person who will be signing your child out. We will require the pick-up person to provide a photo ID.

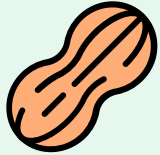




# Summer Camp 2023

## WHAT TO KNOW

### Policy on Nuts



Please be advised that participants are not permitted to bring food products that may contain nuts or traces of nuts to the summer camp. As parents can appreciate, some camp attendees may have serious allergies. Should items containing nuts be found, our staff may return these items from the camp area and return them to the parent/guardian at the end of the day. Soy butter and "Wow Butter" are also not permitted.

### Extended Day Camps



Campers can be dropped off as early as **8:00 am** and/or picked up as late as **5:00 pm** for an extra fee. This program is fully supervised by our certified coaching staff, which offers activities designed to keep our busy campers entertained.

Fees for before and after care are available on the Summer Camp section of the Tumble Tot Co. and Tornadoes Gymnastics website.

### Policy on Photography



Photos and videos are not permitted during camp programs unless authorized by a staff member. The Tumble Tot Co. & Tornadoes Gymnastics may take pictures for promotional purposes. In this case, parents will be notified and asked for their permission in advance before pictures will be shared with any third parties.





# Summer Camp 2023

## CAMP POLICIES

### Allergies or Medical Conditions



If a participant is required to take medication, has a health condition, or carries an Epi-Pen, please ensure that this information was provided on your registration forms before your child attends camp.

Also, on dropping off your child, **please check in with the Camp Director** and provide any necessary instructions to ensure that we are equipped to properly care for your child.

### Camper Welcome E-Mail



On the Friday preceding the beginning of each week of Summer Camp, parents will receive an e-mail detailing themes for the upcoming week of camp, what to expect, and what to bring. The e-mail will also provide important logistics around drop-off and pick-up times.

Please review this email carefully and contact us by e-mail at [ttc@tumbletot.com](mailto:ttc@tumbletot.com) or by phone at (905) 836-6401 if you have any questions.

**If, for any reason, you do not receive our e-mail on the Friday before camp begins, please check your junk folder and e-mail or call the gym so that we can send you the required information for the first day of camp.**

### Additional Camp Policies



- Campers must be dropped off and picked up on time. Campers who are picked up late will be subject to a **late pickup fee of \$20.00**. Our coaches must clean up and prepare for the next camp day.
- The Tumble Tot Co. & Tornados Gymnastics strives to provide the highest level of safety and enjoyment to all participants and staff during its camps. Coarse language, bullying, non-compliance with COVID-19 protocols, and aggressive or inappropriate behavior are not permitted at camp.
- If your child has any medical or behavioral needs, please contact our camp director at **905-836-6401** so that we may provide them with the best experience possible.
- All campers must be toilet trained and independent in the washroom.







# Summer Camp 2023

## CAMP POLICIES

### Cancelation/Refund Policy



Families who have registered have **until June 1, 2023** to request a full refund (less a \$100.00 administration and cancellation fee per camper). Cancellation requests must be received by email at [ttc@tumbletot.com](mailto:ttc@tumbletot.com).

For cancellation requests initiated by parents between **15-29** days before the start of camp, refunds will be reimbursed at **50%** of the total amount paid.

Camp credit 2024 - There will be no deferral of payments to the 2024 camp season

We regret that we cannot offer refunds for cancellations received within **14 days** of the camp start date. These cancellations are non-refundable unless a medical certificate accompanies the request. In the case of a cancellation related to a medical reason, we will provide a credit for a future camp program.

Refunds will not be granted for inclement weather or for days of camp not attended.

The Tumble Tot Co. & Tornados Gymnastics will do everything possible to avoid program cancellations; however, we reserve the right to cancel a session of camp if the minimum enrollment is not met or if other unforeseen circumstances occur.

In these situations, we will accommodate your child in an alternate program/alternate week, or we will provide you with a full refund at your discretion.

### Lost & Found Items



We will try and assist children in locating any lost items, but it is inevitable that items may be misplaced by campers on occasion. As a reminder, please label items, and if possible, avoid bringing items of value to the gym.

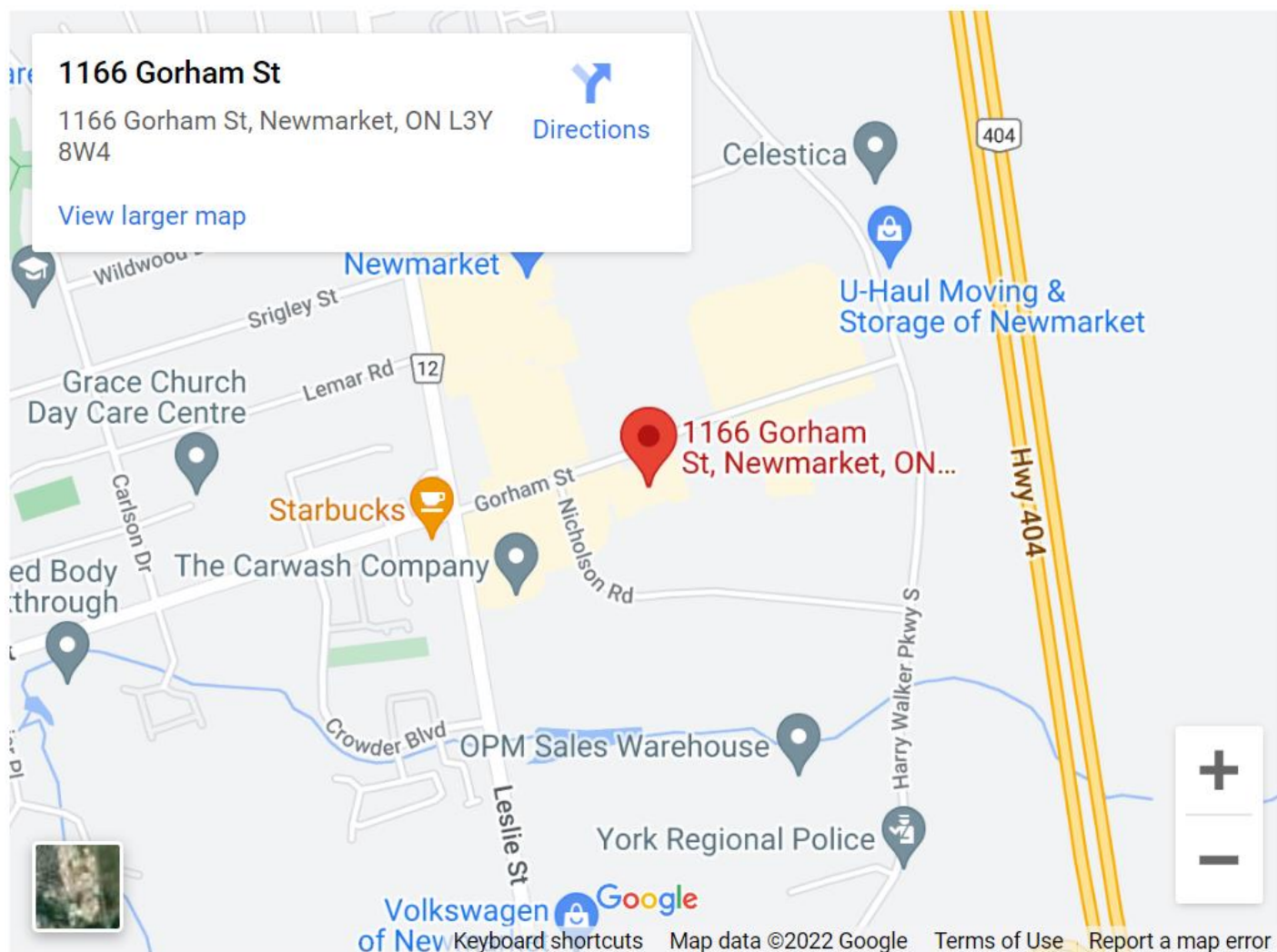
**On the Friday afternoon of each week of camp, we will have a lost and found bin placed outside** where campers and parents can retrieve any items that were misplaced during camp. Lost and found items will be retained for up to 30 days.

Once again, we regret that we cannot be responsible for lost or stolen items.



# Location GETTING TO THE GYM

## Map to our Facilities in Newmarket



## How to Reach Us



During business hours, you can call our office at **(905) 836-6401**. You can also e-mail us at any time at [ttc@tumbletot.com](mailto:ttc@tumbletot.com)

The Gym is located at:

**1166 Gorham Street,  
Newmarket, Ontario  
L3Y 8W4**



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